

Dance II

Instructor: Jennie Grimes

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Course Description:

- Dance is a universal language, an expression and vibrant art with the capacity to unify the physical, mental, social, emotional, aesthetic and spiritual. This is a beginning level dance course, which builds dance knowledge and skills in technique, improvisation, choreography, artistic impression, performance, history, culture, life skills and connections to other curricular areas.
- Students will participate daily in activities designed to improve balance, flexibility, strength, endurance, eye-hand-foot coordination and teamwork.

Course Objectives/ Learning Outcomes:

- Gain knowledge in dance vocabulary and a physical understanding of dance techniques and styles.
- There will be bell work, quizzes, tests, and written assignments.
- Students are given the opportunity to perform in the dance concert.

Dance Lab Rules:

1. Students are to come on time and prepared to participate every day. Use class time productively.
2. Respect others. Keep your hands, feet, and mouth (language) to yourself.
3. **No food, gum, drinks or electronic devices** are allowed in the dance lab. You will be asked to through food and drinks away if brought to class.
4. Do Not disrupt the learning of others.
5. Respect the facilities and equipment.

Dance Lab Regulations/Procedures:

A. Participation Fee: All dance classes have a participation fee of \$10. This fee will help with dance concerts and activities. (publicity, costumes, programs, etc.)

B. Proper Attire

1. Hair pulled back out of face and **No** jewelry may be worn during class.
2. Students must dress down each day. Shirt must be gray with the student's name clearly printed on the front with lettering at least 3 inches tall, black shorts/sweats, socks, shoes that fit snug and have non-marking soles. Dance attire is preferred (leotards and dance pants).
3. All attire must adhere to Iron County School District Dress Standards. Please note that clothing should not be cut, torn or tied in anyway that would make it non-compliant with the aforementioned standards.
 - *An acceptable set of gym clothes may be purchased from the school for \$15 (T-shirt \$5.50, Shorts \$9.50)*

C. Lockers

1. Only locks issued by CVHS may be used in our locker rooms. These locks will be issued to students at the beginning of the semester.
2. Locks have been placed on assigned lockers and are not to be removed from that locker. Replacement locks cost \$5.
3. Please do not bring anything of value to the dance lab. Time will not be spent investigating stolen items that should not have been brought to school in the first place (I-pods, mp3 players, cell phones, etc.).
4. The locker room will be locked during class time. Plan ahead and refrain from

leaving items you will need for other classes, such as textbooks, in the locker room.

5. Students will be given enough time to shower at the conclusion of each class period. Students must bring a towel and soap from home. Please be mindful of the students and teachers you share the rest of your day with and take the time to shower and use deodorant.

D. Safety: This course includes active participation in aerobic activities. Participation in any activity involves some risks. Even walking imposes certain risks. Therefore, when in class please be aware of others in the space and listen to your body. If you are hurting, not feeling well, or have difficulties presented, please stop what you are doing and let me know. If you have a known condition that will limit your full participation in class please let the instructor know before the first participation day.

E. Attendance

1. This is a Participatory class and attendance is required and will be recorded daily (dressing down and taking part in class activities) is worth 100 points per day.

2. Make-up opportunities for excused absences are only available the last 3 Wednesdays of each term; in the CVHS dance lab/ weight room with one of the physical education instructors. Students may only remediate 3 excused absences per term. If a student is going to miss more than three times he/she must receive prior approval from the instructor and coordinate a plan to enable him/her to receive credit for the class.

3. Leaving class without permission will result in being marked absent.

4. At the end of each class, all students will have a calendar stamped, each stamp is worth 20 points.

F. Grading: Attendance/ Participation- 50%, Dance Concert Final 30%, Assignments/ projects/ tests - 20%

G. Performance Dates

Lighting Rehearsals: Nov. 30- Dec. 2 (Every class will have a set time and date on one of these days -TBA)

Dress Rehearsals: Dec. 3 & 4. Everyone must be to these rehearsals by 6:00p.m. Entire run of the concert will starting at 7p.m. **All dancers must stay to the end.**

Performances: Dec. 7, 8 & 9.

Information contained in this syllabus, other than the grading, and attendance policies, may be subject to change with advanced notice, as deemed appropriate by the instructor.

Please go to the CVHS website and look up Mrs. Grimes' course disclosures. You can find links to disclosures by going to the Student page, then clicking the link on the left side called " Course Disclosures." Read, sign and return with a copy of your dance course fee receipt.

Student Name: _____ Class Period: _____ Date: _____

Student:

I have read the Course Disclosure and agree to abide by the Dance lab regulations established for Dance II.

(Student signature) _____

Parent:

I have read the Course Disclosure and understand the Dance lab regulations established for Dance II by which my student must abide.

(Parent signature) _____

PE UNIFORMS:

For hygienic and safety reasons, a PE uniform has been mandated for all Physical Education classes. This uniform consists of a gray t-shirt with the student's last name clearly printed across the front in 3 inches letters. And a pair of plain black shorts or sweat pants. Students who already have clothing that fits these standards will not need to purchase new clothing. Those needing to purchase new clothes may do so at the store of their choice as long as the clothing adheres to the Iron County School District dress standards and fits the color combination outlined above (gray shirt and black shorts). Gym clothes may also be purchased from CVHS for \$15 (T-shirts\$5.50, shorts \$9.50).