

Iron County School District Secondary Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct - 1 Salad Bar BBQ Turkey Sandwich Alfredo w/ noodles Milk CARROT STICKS CELERY STICKS Rolls PEAS apple slices, cnd Pudding, Vanilla Snack 100% Juice	Oct - 2 Big Daddy's Pizza PB&J Spaghetti Rolls Side salad Canned Fruit CORN APPLES,Fresh Milk 100% Juice
Oct - 5 Nachos and Cheese Deli Sandwich chicken patty on a bun Milk 100% Juice Rolls APPLES,Fresh GREEN BEANS Vegetable tray PEACHES	Oct - 6 Pizza Max Stix Salad Bar Orange Chicken CELERY STICKS CARROT STICKS PEARS ORANGES Milk 100% Juice CARROTS Chips Rolls	Oct - 7 Roasted Ham Popcorn Chicken Philly Sandwich Milk 100% Juice BANANAS PINEAPPLE CHUNKS Vegetable tray CORN mashed potato/gravy Rolls	Oct - 8 Salad Bar Grilled Cheese Sandwi Lasagna Milk 100% Juice PEAS Applesauce Rolls Pudding, Chocolate sn Chips CARROT STICKS	Oct - 9 Big Daddy's Pizza PB&J Italian Dunkers - Seco Milk 100% Juice ORANGES CORN Side salad Canned Fruit
Oct - 12 Garlic Cheese Bread Burrito, Beef & Bean Alfredo w/ noodles Milk 100% Juice Rolls Gelatin, Bernard APPLES,Fresh PEARS GREEN BEANS Vegetable tray	Oct - 13 Salad Bar Chili Mex Turkey Quesadilla , cheese Milk 100% Juice Rolls PEACHES ORANGES CELERY STICKS CARROT STICKS PEAS Gelatin, Bernard	Oct - 14 Big Daddy's Pizza PB&J rice bowl with teriyaki Milk 100% Juice BANANAS CORN Canned Fruit Side salad Rolls	Oct - 15	Oct - 16
Oct - 19	Oct - 20 chicken patty on a bun Soup Turkey Noodle Garlic Cheese Bread Milk 100% Juice Rolls PEARS ORANGES GREEN BEANS Vegetable tray	Oct - 21 Chicken Nuggets Corn Dog Breaded Beef Patty (ch Milk 100% Juice BANANAS PINEAPPLE CHUNKS mashed potato/gravy Rolls CORN Vegetable tray	Oct - 22 Salad Bar Italian Dunkers - Seco Grilled Cheese Sandwi Milk 100% Juice CARROTS Creamies ice cream apple slices, cnd APPLES,Fresh CARROT STICKS CELERY STICKS	Oct - 23 Big Daddy's Pizza PB&J Deli Sandwich Milk 100% Juice APPLES,Fresh CORN Side salad Canned Fruit Rolls

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 26 Macho Nachos Spaghetti Taco Soup Milk 100% Juice Rolls GREEN BEANS APPLES,Fresh Vegetable tray PEACHES Pudding, Vanilla Snack	Oct - 27 Pizza Max Stix Salad Bar Orange Chicken CELERY STICKS CARROT STICKS PEARS ORANGES Milk 100% Juice CARROTS Rolls Chips	Oct - 28 Chicken Patty Rainbow Treasures, nu Chicken Pot Pie Milk 100% Juice mashed potato/gravy CORN BANANAS PINEAPPLE JUICE Vegetable tray Rolls	Oct - 29 Salad Bar Pig in a blanket BBQ Turkey Sandwich Milk 100% Juice GRAPES,Fresh PEAS Applesauce Applesauce Spice Cak CARROT STICKS	Oct - 30 Big Daddy's Pizza PB&J Burrito, Beef & Bean Milk 100% Juice Side salad Canned Fruit APPLES,Fresh CORN Rolls

Iron County School District does not discriminate. Menu Items are subject to change.